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| **Lunch Menu-Spring 2019** | **Week 1**  **w/c-07/01/19, 28/01/19,**  **25/02/19, 18/03/19,** | **Week 2**  **w/c- 14/01/19, 04/02/19, 04/02/19, 25/03/19** | **Week 3**  **w/c- 21/01/19, 11/02/19, 11/02/19, 01/04/19** |
| **Monday** | Vegetable soup with bread rolls (tomato puree, red lentil, onion, garlic, potatoes and mixed vegetables)(2,6)  Natural yoghurt & banana (7) | Pasta with chickpeas sauce (onion, carrots, tomato passata and rosemary) (2)  Yoghurt pot & fruit (7) | Vegetable curry & rice (onion, mixed vegetables, potatoes, tomato puree, lentils, garlic & curry powder) (2,6,7)  Custard and fruit (7) |
| **Tea** | **Waffles & fruit (2,6)** | **Baked beans & bread, fruit (2,6)** | **Tea cakes & fruit (2,4,6,7)** |
| **Tuesday** | Stir fried spaghetti & vegetables (spaghetti, green beans, peppers, carrots, soya sauce) (2,13)  Natural yoghurt & fruit (7) | Roasted carrots Risotto  (rice, carrots, garlic, thyme, onion and mix vegetables)  Fruit salad | Pronto Pasta  (mixed herbs, mixed veg, quorn frankfurters and onion) (2, 4, 7)  Fruit salad |
| **Tea** | **Garlic bread & fruit (2,4,6,7)** | **Scones & fruit (2, 4,7)** | **Baked beans, bread & fruit (2,6)** |
| **Wednesday** | Crispy potato & mix vegetables  (garlic, rosemary , potato and vegetables)  Jelly & fruit | Tuna pasta bake  (garlic, tuna, tomato passata and mixed veg) (2,5,6)  Yoghurt pots & fruit (7) | Quorn chicken fried rice  (quorn chicken, mixed vegetables and soya sauce)  (4, 13)  Jelly and fruit (7) |
| **Tea** | **Tea cakes & fruit (2,4,6,7)** | **Waffles & fruit (2,4,6,7)** | **Pancakes and fruit (2)** |
| **Thursday** | Pasta Fagiola (onion, mixed vegetables, kidney beans and tomato passata)  (2,6)  Custard & banana (7) | Creamy sweet corn and rice (milk, cornflour and sweet corn) (7)  Fruit salad | Spaghetti Bolognaise  (quorn mince, onion, tomato passata, cornflour and mix vegetables) (4, 2, 6)  Jelly & fruit |
| **Tea** | **Jam sandwich & fruit (2,6)** | **Brioche & fruit (2,4,6,7)** | **Garlic bread & fruit** |
| **Friday** | Cheesy Pizza and cucumber (2,6,7)  Custard & fruit (7) | Fish fingers with chips and mixed vegetables (2, 5, 6)  Yoghurt pot & fruit (7) | Quorn chicken nuggets with roasted potatoes and mixed vegetables (2, 4, 6)  Custard and banana (7) |
| **Tea** | **Brioche & fruit (2,4,6,7)** | **Monkey (banana) bread & fruit (2,6)** | **Waffles & fruit (2,4,6,7)** |

**Allergens**

1=celery, 2=cereals, containing gluten, 3= crustaceans, 4=eggs, 5=fish, 6=lupin, 7=milk, 8=molluscs, 9=mustard, 10=nuts, 11=peanuts, 12=sesame seeds, 13=soya, 14=sulphur dioxide

Tomato Ketchup and mayonnaise is served with some lunch meals. If you do not want your child to have tomato ketchup or mayonnaise please put this in writing to the manager.